


HMWB Lesson Plan 4: Alert and Engaged- An Exploration using Puppets

Subject: Social Emotional Learning and Language Arts		Grade(s): Grade 2/3	
Big Ideas	HMWB Qualities	Core Competency	Curricular Competencies
<p>What students are expected to understand</p> <p>Curiosity and wonder lead us to new discoveries about ourselves and the world around us.</p>	 <p>Manage own energy states, emotions, and behaviors and exercise self-control.</p> <p>Be present and attentive.</p>	<p>I can sometimes recognize emotions.</p> <p>I can use strategies that help me manage my feelings and emotions.</p>	<p>What students are expected to do</p> <p>Create stories and other age appropriate texts to deepen awareness of self, family, and community.</p>
Tasks:			
ALL can do:	SOME can do:	FEW can do:	
<p>Use their sock puppet to:</p> <ul style="list-style-type: none"> demonstrate what alert and engaged looks like and sounds like. demonstrate what high and low energy looks like and sounds like. demonstrate what positive and negative feelings look like and sounds like. use their sock puppet to demonstrate a variety of feelings in different scenarios. use their sock puppet to demonstrate a variety of self-regulation strategies for being alert and engaged. 	<p>Use their sock puppet to:</p> <ul style="list-style-type: none"> demonstrate what alert and engaged looks like, sounds like and feels like. demonstrate what high and low energy looks like, sounds like and feels. demonstrate what positive and negative feelings look like and sound like. use their sock puppet to demonstrate a variety of feelings in different scenarios. use their sock puppet to demonstrate a variety of self-regulation strategies for being alert and engaged. 	<p>Use their sock puppet to:</p> <ul style="list-style-type: none"> demonstrate in detail what alert and engaged looks like, sounds like and feels like and describe a personal example. demonstrate in detail what high and low energy looks like, sounds like and feels like, and describe a personal example. demonstrate in detail what positive and negative feelings look like and sound like and describe a personal example. use their sock puppet to demonstrate in detail a variety of feelings in different scenarios and describe a 	

		personal example. <ul style="list-style-type: none"> • use their sock puppet to demonstrate in detail a variety of self-regulation strategies for being alert and describe a personal example.
Learning Activities		Supports
Activate Learning: <ul style="list-style-type: none"> • Hand out sock puppets to students. • Review concepts of alert and engaged. • Demonstrate introducing sock puppets to one another. 		
Activities: <ul style="list-style-type: none"> • Work through the alert and engaged PowerPoint lesson. • Teacher poses questions for students and ask them to demonstrate their learning using their sock puppet. • Students- working with a partner, engage in role play using their sock puppet. Materials: <ul style="list-style-type: none"> • Sock puppets • Alert and Engaged PowerPoint Lesson 		
Closure: <ul style="list-style-type: none"> • Give students two school scenarios and ask how their sock puppet would feel, express feelings and self regulate to be more alert and engaged in their learning. 		