




HEART-MIND QUALITIES:

 Solves Problems Peacefully

AGE: Early Years

LEARNING OUTCOMES

- Children will learn and apply simple problem-solving steps to the story's situation.

MATERIALS REQUIRED

- Book: Llama Llama Mad at Mama by Anna Dewdney

TEACHING AND LEARNING ACTIVITIES

1. **ACTIVATE THINKING:** Introduce the book “Llama Llama Mad at Mama” to the children. Ask the children what they think will happen in the story. Have they ever been mad at someone? How did it feel in their bodies?
2. Talk about problem solving. Ask the children if they remember what they can do when they have a problem. Share the 5 steps verbally and visually:
 - Step one: notice how you feel. Calm down with a deep breath.
 - Step two: what is the problem?
 - Step three: come up with some solutions.
 - Step four: think about what would happen with different solutions.
 - Step five: try out a solution.
3. Begin reading the story.
4. Stop when Llama Llama gets really angry and talk about what is happening in the story. What is Llama Llama's problem? How does he feel? What could Llama Llama and Mama do next?
5. Finish reading the story.
6. Remind the children about the 5 problem-solving steps. Talk about how Llama Llama and Mama solved their problem. Could they have solved it another way?

ADAPTATIONS

- Children can act out the story and role play alternative endings.